



Reward Points Election Help Guide

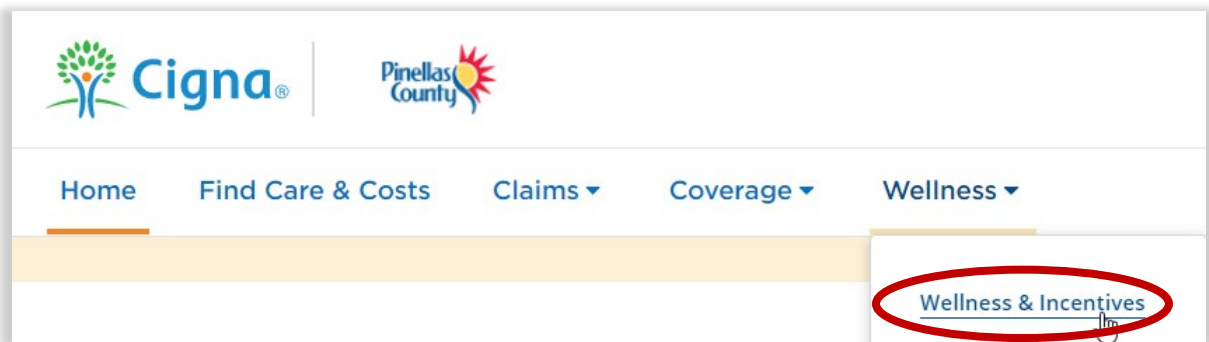
NEW: Wellness Incentive Program activities now default to cash in your paycheck. Here are the 5 steps to follow if you prefer reward points.

Please note:

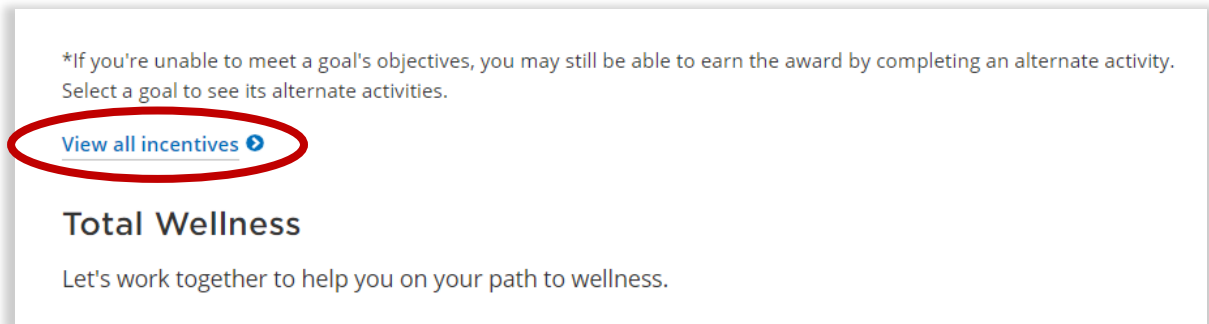
- The election applies only to future rewards for the year and is not retroactive.
- Rewards reset to cash at the beginning of each year. You must re-elect points if desired.

Steps to Elect Reward Points Instead of Cash

1. Log into myCigna.com.
2. Click on the **Wellness** drop-down menu and select **Wellness & Incentives**.



3. Scroll down the page and click **View all incentives**.



4. Scroll down and click **Self Reported Activities** from the Available Incentives tab.



5. Select today's date from the drop-down menus, click the certify checkbox and click **Complete Goal**.

▼ Self Reported Activities Points Earned
0 Points out of 0

2024 POINT Election. Cannot be reversed. Future rewards only. 0 Points

NEW THIS YEAR: Use this option ONLY to elect POINTS. Default is cash. By checking the box below, you will receive 2024 rewards in POINTS. Available
01/01/24 - 12/31/24

Tell us more about your completed goal **NOTE: Choosing points is the goal**
To report a health goal, simply choose the date of the activity, check the certification box and submit. Note- you must be logged in to your own myCigna account. You cannot report on behalf of another person.

I completed this goal on:
Month Day Year
January 02 2024

I certify that I've completed this goal on the date provided.

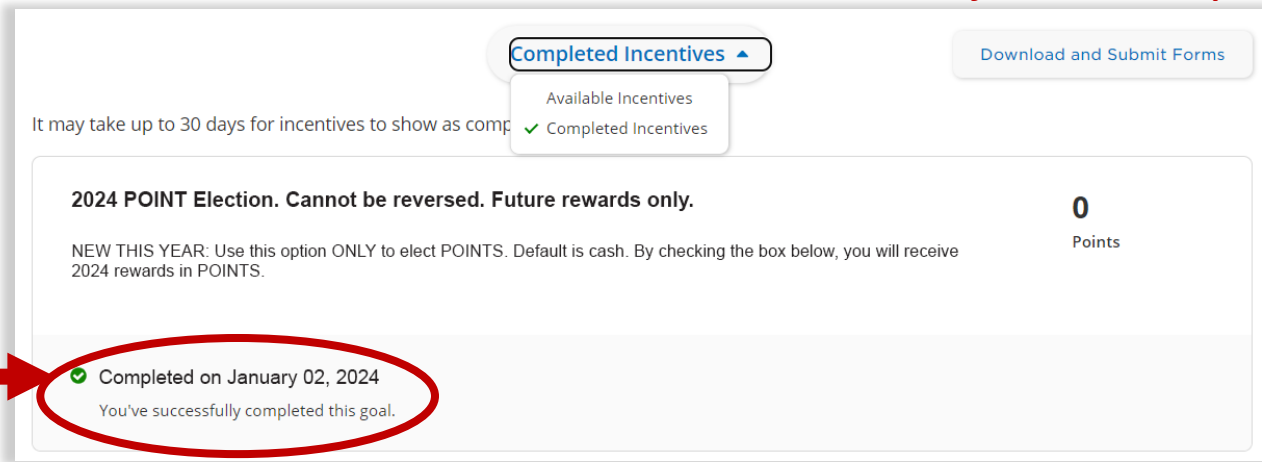
NOTE: Please allow up to 24 hours for this goal to show as completed.

Complete Goal

Reward Points Election Confirmation

After clicking **Complete Goal**, you may view your points election confirmation under the **Completed Incentives** tab.

Confirmation Example



Completed Incentives ▾

Download and Submit Forms

It may take up to 30 days for incentives to show as complete.

Available Incentives
✓ Completed Incentives

2024 POINT Election. Cannot be reversed. Future rewards only. **0**
Points

NEW THIS YEAR: Use this option ONLY to elect POINTS. Default is cash. By checking the box below, you will receive 2024 rewards in POINTS.

✓ Completed on January 02, 2024
You've successfully completed this goal.

To view confirmation at a later time, log into myCigna.com, click on the **Wellness** drop-down menu and select **Wellness & Incentives**, scroll down to select **View all incentives**, change the drop-down menu from Available to **Completed Incentives** and check that **2024 Point Election** is listed as completed on the 2024 date you selected. Please keep in mind that once you elect reward points, it cannot be changed for this year.

Pinellas County Wellness Incentive Program

www.pinellas.gov/wellness-incentives



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