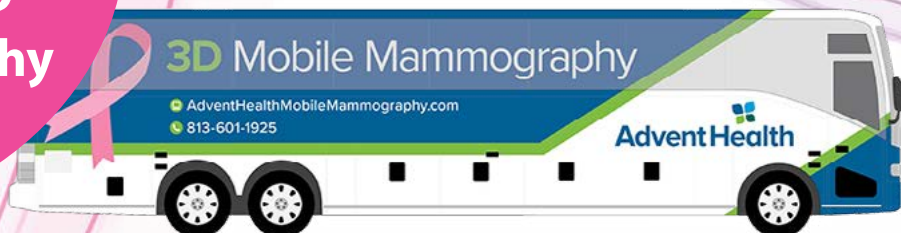


**Bringing 3D  
Mammography  
to You**



# Mobile Mammogram

**Miss your mammogram last year?**

***Don't miss this convenient opportunity to catch up with your annual care.***

- **Clearwater Courthouse**, 315 Court Street, Clearwater  
Friday, August 9, 8:30 a.m. to 2:30 p.m.  
Monday, August 12, 8:30 a.m. to 2:30 p.m.
- **Human Services**, 647 First Avenue N., St. Petersburg  
Thursday, August 8, 8:30 a.m. to 2:30 p.m.
- **Justice Center**, 14250 49th St. N., Clearwater  
Monday, August 26, 8:30 a.m. to 2:30 p.m.
- **Parks / Extension**, 12520 Ulmerton Road, Largo  
Tuesday, August 6, 8:30 to 10:30 a.m.
- **Public Works**, 22211 U.S. Hwy. 19 N., Clearwater  
Tuesday, August 6, Noon to 2:00 p.m.
- **STAR Center**, 7887 Bryan Dairy Rd., Largo  
Monday, September 16, 8:30 a.m. to 2:30 p.m.

**1 in 8 women will be diagnosed with breast cancer.**

**EARLY DETECTION SAVES LIVES. GET SCANNED NOW.**

Walk-ins and spouses/domestic partners are welcome.

**Schedule your appointment at**

**[www.AdventHealthMobileMammography.com](http://www.AdventHealthMobileMammography.com)**

Click *Schedule Now*, then *Corporate, Government and Community Events*.



Brought to you by the Pinellas County Wellness Program  
and AdventHealth Mobile Mammography

***See FAQs on reverse.***



# Mobile Mammogram FAQs

## Why should I get a mammogram?

Low dose x-rays of the breasts (mammograms) are used to detect cancer. Breast cancer has over a 90% survival rate when caught early.

## Why are mammograms being given on a bus?

It's all about convenience! You can do a mammogram on the bus in approximately 30 minutes during your work day. The goal is to encourage women, particularly those who have never gotten a mammogram, to get this vital screening.

## Who is eligible for a mammogram?

Any female 40 or older (under 40 needs a prescription). Cigna allows one screening per calendar year which means you do not have to wait 365 days from your last mammogram. You are *not* eligible if you've been treated for breast cancer in the last 5 years, have symptoms (such as a lump) in your breasts, are pregnant, or have been breastfeeding within the past 5 months. Also, to be eligible you must be a current patient of an OB/GYN or primary care doctor.

## Do I need a prescription?

No. Neither a prescription nor doctor referral is needed if you are 40 or older. Under 40 requires a prescription.

## How much does the mammogram cost?

The mammogram is covered at 100% through major insurance

if it is preventive and you are a female age 40 or older.

## What is the difference between a preventive and diagnostic mammogram?

A preventive mammogram (covered at 100%) is a routine screening. A diagnostic mammogram (subject to copay) is performed if you are experiencing symptoms in your breasts such as a lump.

## How much does the 3D screening cost?

There is no additional charge for the 3D screening. Other providers may charge \$50 or \$100 extra for this service.

## How long does it take?

The mammogram x-rays take approximately 15 minutes. If you have the paperwork completed and come at your scheduled time, it should take approximately 30 minutes total including wait time.

## Do I need to use my leave time to get my mammogram?

Ask your supervisor if you need to use leave time.

## What do I wear?

Wear a 2-piece outfit for convenience. Do not wear deodorant, perfume or powder since some contain substances that can show up on the x-ray as white spots. You may bring deodorant if desired. If you forget, wipes are available.

## What should I bring?

Bring your insurance card. If under age 40, you will need a prescription.

## Does this qualify for wellness incentive rewards?

Yes. A mammogram qualifies for 12,500 reward points or \$50.

## What if I have never had a mammogram before?

This is a perfect time to start! The mammographers on the bus have 20 or more years of experience and will make it quick and easy for you.

## What happens on the bus?

There is a waiting area, or if you prefer, you may wait outside the bus until you are called. You will change into a gown in a private dressing room prior to your screening.

## Who gets the results?

A letter with your results will be sent to your doctor. If you have an abnormal result, AdventHealth Mobile Mammography staff will call you and your doctor.

## How do I sign up?

Go to [www.AdventHealthMobileMammography.com](http://www.AdventHealthMobileMammography.com). Click *Schedule Now* and *Corporate, Government and Community Events*, then look for the Pinellas County events (listed in date order). Click *Register*, select an appointment time, then fill out the information including creating a password. Add the appointment to your calendar.

For more information, email AdventHealth Mobile Mammography at [MobileMammographyWFD@AdventHealth.com](mailto:MobileMammographyWFD@AdventHealth.com) or call (813) 601-1925.

