

Discover our 5,900 square foot state-of-the-art fitness center.

Wellness Center Open House

March 24, 2026

10 am - 2 pm and 4 - 6 pm

324 S. Ft. Harrison Avenue, Clearwater

(Basement of the old Courthouse)

Free gym membership available to Pinellas County employees, retirees, and registered volunteers.

Goodie Basket

All attendees are entered in a drawing to win a wellness basket!

Orientations (20 min.)

10:30 am, 11:30 am, 12:15 pm, 1:15 pm, 5:15 pm

Fitness Class Demo

Try it out! (20 min.)

- Mat Pilates 12:15 pm
- Bootcamp 12:40 pm
- Zumba 5:20 pm

Body Composition Analysis

with Onsite Health Coach Shannon Parks (all day)

Rockin' Self Care rock painting activity by Employee Assistance Program (EAP) Counselor Lorelei Keif (all day)

Type 2 Diabetes Improvement Program by Level2 (all day)

Individual Assisted Stretch Session by Stretchhealth (10 minutes, all day)

Sleep Team and Medical Fitness Programs by Baycare (all day)



Snacks, giveaways and more!



www.pinellas.gov/wellness-open-house