

## Join Pinellas County Wellness at



## Saturday, May 18, 2024 9 am - 12 pm

## England Brothers Park 5010 81st Avenue North, Pinellas Park

Sponsored by the National Alliance on Mental Health (NAMI)

Join our walking team to show support for our community and loved ones on their mental health journey. Enjoy the walk plus entertainment, activities, vendors, and food trucks.

- Sign up for the Pinellas County Wellness Team or walk on your own.
- The walk is between 1 and 3 miles your choice. The physical activity is an added bonus to coming together!
- NAMIWalks raises funds to support their programs; however, donations are NOT REQUIRED to participate in this event.
- Friends, family, and dogs are welcome.

## Register using the link or the QR code: <u>www.NAMIwalks.org/team/65983</u>



Pinellas County Wellness Program wellness@pinellas.gov (727) 464-3367, option 1



NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Be fearless.

Be devoted.

Be a part of this team.

**Be NAMIWalks.** 

